

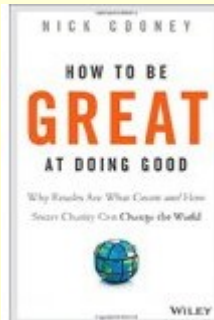
Vegetarian
In
Progress

This Month's
SPECIALS

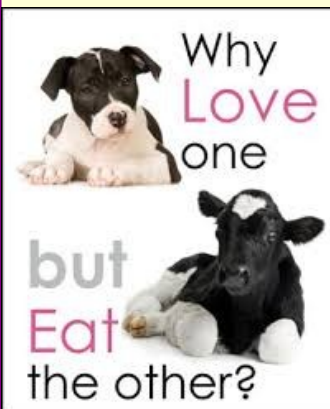
Product:

[Tofurky Products](#)

Book:



*The quickest way to connect
who we eat with who we
love is to love an animal.
"Until one has loved an ani-
mal, part of their soul
remains unawakened"
-Anatole France*



Compassionate Carnivores

VIP Monthly Newsletter

APRIL 2016

Why eat less meat?

As if animal suffering weren't enough....Consider the environment:

"If we are serious about addressing global climate change, we must look to our plates.

Agriculture accounts for between 80 and 90 percent of the fresh water used in the US and at least half of that goes to raising and feeding farmed animals.

Vegetarian diets require on average about 60 percent less water than meat-based diets.

Raising and slaughtering tens of billions of animals across the globe for food each year is right up there with coal-fired power plants in pumping heat-trapping gases into the atmosphere.

Few would dispute that animal agriculture has taken a harsh turn in the last half century. We have industrialized the production of animals for food, putting them wing to wing and shoulder to shoulder in factory farms. We confine animals in small cages and crates; mutilate them by cutting off their tails or beaks without painkillers; slaughter them when they're too sick or injured to walk; and cause them immense chronic pain and disease through unhealthy breeding practices that swell their size and unnaturally accelerate their reproduction.

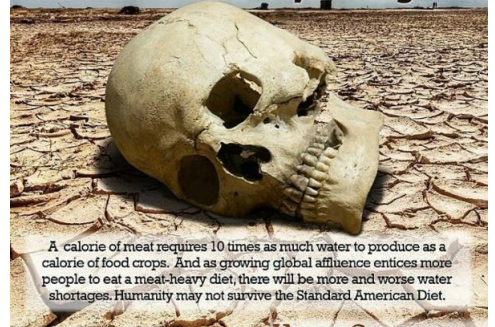
Factory farming not only overlooks our moral obligation to treat these animals decently, but also expends extraordinary amounts of energy in the process. A large portion of the global grain and soybean harvest goes to meat, egg, and milk production, and we waste huge volumes of water (see below), energy, and chemicals to produce almost half a billion tons of meat and other animal products." *By Wayne Purcell Excerpted from the NJ Star Ledger*

One hamburger requires the same amount of water as 2 months' worth of showers.

(From MFA, Compassionate Living)

Gallons of water	Product
1,800	1 lb of beef
880	1 gallon of milk
131	1 lb of wheat
119	1 lb of potatoes

**If everyone ate as much meat
as we do in the US,
the world would have run out
of fresh water 15 years ago.**



A calorie of meat requires 10 times as much water to produce as a calorie of food crops. And as growing global affluence entices more people to eat a meat-heavy diet, there will be more and worse water shortages. Humanity may not survive the Standard American Diet.

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Please remember to buy only cage-free eggs and pass this email to your mailing list. Thank you! Lois

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