

This Month's SPECIALS

Recipe:

[About.Com](#)

[Vegetarian Food](#)

Meat-Free Product:

[Morningstar:](#)

[Chik Patties Original](#)

Book:

[The Ultimate Betrayal](#)

[Hope Bohanec](#)

Never doubt that a small group of thoughtful, committed citizens can change the world: Indeed, it is the only thing that ever has.

Margaret Mead



The greatness and moral progress of a nation can be judged by the way its animals are treated.

Mahatma Gandhi

A Child's Awakening

Can the love of a dog be the catalyst to awakening to the awareness of the suffering of animals raised for food? For one youngster, Maddy was exactly that. Here's the story of an 11-year old boy and his new heartfelt caring for animals raised for food.

The following summarizes a recent moving conversation I had with the person who signed up to be my first VIP eight years ago. Several years ago she decided to get a rescue dog for her and her 2 sons whom they named Maddy. Everyone grew to love Maddy and most of us can connect with what a strong bond our pets can create with us. Brewing beneath that love, son #2 was curiously looking at Maddy and wondering why he would love her and



WHY DO WE LOVE ONE BUT EAT THE OTHER?

go to dinner and eat another animal, capable of the same feelings and bonding that Maddy was providing for him. He researched how animals are raised for food and found some disturbing information. Then, revealing his curiosities and new-found knowledge to his mom, he counseled her on how animals suffer in factory farms, suggested that she watch the [Meatrix video](#) and told her that she likely couldn't know the details of what happens to these animals because they would make her cry. And cry we both did at this conversation!

She was happy to report to him that the eggs in the frig were cage free and those were the only kind she's purchased for years. He was delighted at the news. However, she confessed to me that perhaps her elimination of meat from her diet is not one she could boast about. She said that this conversation with her son had a more profound effect on her to rethink her diet than 8 years of being a VIP and that I should have a stronger approach to getting people to reduce their eating of meat. And so I will.

One closing note to the story. He told his mom that he was now a vegetarian and she asked when he started on that path. He said that day was his first day!

Cute, hopeful and I, for one, am wishing that it's the first of many!

Please remember to buy only cage-free eggs & to pass this email to your mailing list.

Thank you! Lois

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