



Compassionate Carnivores

Recipe website of the month:

<http://vegweb.com/recipes>

Meat free products:

<https://www.morningstarfarms.com/products/all>

Recommended reading:

[Why We Love Dogs, Eat Pigs, and Wear Cows: An Introduction to Carnism](#)

by **Melanie Joy**

Many people enter the world of animals rights with one thought: "How can I love one animal and eat another?" Psychologist and educator Melanie Joy examines how humans can compartmentalize animals, caring so deeply for some species while completely disregarding the welfare of others. There's no question that humans psychologically condition themselves to separate animals into categorical uses. Just think: if you found out that juicy "steak" you just bit into wasn't cow but golden retriever, would it be as appetizing?

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Hello VIPs,

Click on the link above **You can "make it possible"** to view one of the best videos I've found depicting factory farming.

Please watch the entire video. It starts off cutesy but goes on to provide a compelling story of how you can find the compassion and interest to not purchase factory farmed products.

It's easy to watch, without scenes that many people find offensive.

PLEASE

Resolve to keep your pledge for one day without meat. It may not seem like much, but every 7 people that do this, equate to one person fully eliminating meat from their diet.

You can "make it possible"!



This is the extent of the interaction between mom & baby.

WHAT YOU CAN DO:

[Ask Walmart to Phase Out Gestation Crates](#)

Sign the petition to help pigs at Walmart's pork suppliers.

DID YOU KNOW?

A new study conducted by Purdue University found that 14 percent of Americans have cut their pork consumption in half because of concerns over animal welfare.

Have you?

Please remember to buy only cage-free eggs & to pass this email to your mailing list.

Thank you!
Lois

Web Page: www.compassionate-carnivores.org
Please like us at Compassionate Carnivores on Facebook

