

Vegetarian In Progress

Recipes:
International
Vegetarian Recipes

Video:



This...



Not This...



Or This...



Compassionate Carnivores

VIP Monthly Newsletter

February 2023

“Selective Compassion”

Why
LOVE one **but** **EAT** the other?



Do you ever think about how inconsistent compassion is?

We are horrified at the thought of people in other countries eating dogs and cats and at the horse slaughter in our own country; yet, it's acceptable to eat pigs, chicken and cows.

It's acceptable even when we know how sentient these creatures are and how they suffer, both emotionally and physically, to get to our plate. It's how we're raised and conditioned to turn the other way when confronted with this question.

This month's message is simple.

Think about how selective compassion exists in your life and make 2023 the year to become committed to trying a new life style. A life style that's "cruelty free" relative to the meals that you choose to eat.

WHAT YOU CAN DO:

Eliminate one animal each month and alternate another animal the next month, in addition to one day no meat.

Please remember to buy only *pasture-raised eggs* & to pass this email your mailing list. Thank you! Lois

www.compassionate-carnivores.org

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