

Vegetarian In Progress

A new study finds that a plant-based diet resulted in: **75%** less climate-heating emissions, water pollution and land use than diets in which more than **3.5 oz of meat a day** was eaten And also cut the destruction of wildlife by **66%** and water use by **54%**"

What's your number?

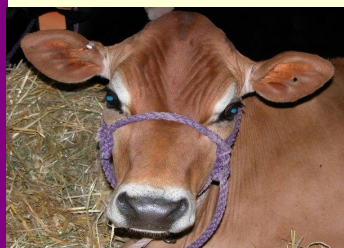
How many pigs?



Chickens?



Cows?



The most violent weapon on earth is the table fork.

Mahatma Gandhi

Compassionate Carnivores

VIP Monthly Newsletter

July 2023

How many animals do you consume annually?

Americans have the highest meat consumption in the world.

The Meat Blitz-Calculator shows you how it all adds up, based on your personal diet.

How many animals have to be raised to satisfy your appetite?

How many resources are needed to produce this livestock?

Would the environment/climate profit if meat was replaced by vegetarian alternatives?

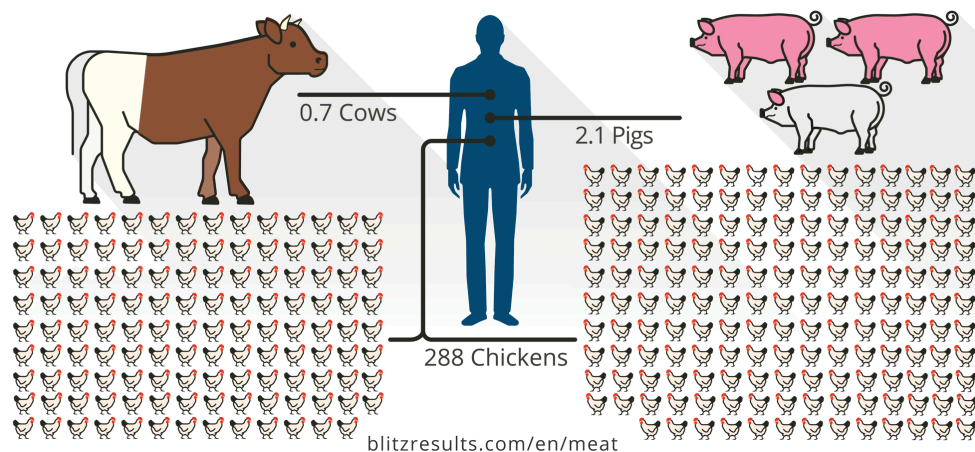
Info courtesy of www.Blitzresults.com

How many animals *can you save* by adding veggie alternatives?

Calculate now!

<https://www.blitzresults.com/en/meat/>

Within 10 years, the average American person consumes the meat of:



Please remember to buy only pasture-raised eggs and pass this email to your mailing list. Thank you! Lois

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www.compassionate-carnivores.org

