

Vegetarian In Progress

Alternatives:

Click to Shop



If everyone in the US stopped eating meat one day a week, it's estimated that around 1.4 billion animals would be spared annually. This is based on calculations that 3.5 animals are saved per person each year by following Meatless Monday."

Please pledge to not eat meat at least one day each week.

Compassionate Carnivores

VIP Monthly Newsletter

June 2025

**You can choose to look the other way
but you can never say again that you did not know**

William Wilberforce

Do You Know?

99% of the meat you purchase comes from a factory farm & 90% of that 99% is chicken.

Chickens are the most abused animals raised for food.



Female pigs are the most confined animals, living most of their lives in gestation crates and then farrowing crates.



Remember to buy only pasture-raised eggs and pass this email to your mailing list.

Thank you! Lois

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www.compassionate-carnivores.org



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