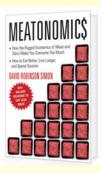
Vegetarian In Progress

This Month's SPECIALS

**Product:**Non-Meat Options

## **Book:**





The quickest way to connect who we eat with who we love is to love an animal.

"Until one has loved an animal, part of their soul remains unawakened"

-Anatole France

## **Compassionate Carnivores**

VIP Monthly Newsletter

March 2016

## Close your eyes for a moment....



and imagine what it would be like to have your baby taken from you. You watch the baby carried, or dragged, away and disappear. It is common practice in the dairy industry to take away the baby from the mom within hours of birth.

Animals experience the same emotional pain that we do. Baby calves experience extreme grief as they are separated from their mother, and according to those who witness it, the cries from both mom and baby can be heart wrenching as they call out for each other.

Baby females are taken to produce milk and baby boys become veal. A large percentage of male calves are sent to auction hours after birth and are slaughtered with their umbilical cords still attached. In either case the mom is without her baby.

Dairy cows are continually impregnated to produce milk for their young, but of course, the milk is intended for human consumption. Cows have only a few months between the constant cycle of impregnation and birth.

Most dairy cows are sent to slaughter after they are considered "spent". This animal, who has been indoors, typically on hard, abrasive concrete floors, and is frequently connected to a milking apparatus, now experiences an end to her short life to become hamburger.

People often connect that animals raised for veal are subjected to inhumane treatment; however, it is not commonly understood that veal production is a by-product of the dairy industry.

## WHAT YOU CAN DO:

1/The next time you want a hamburger or steak, try a veggie option on the menu.

2/Take steps onto a compassionate path and commit to eating less meat. Send for your vegetarian starter kit today: <a href="http://www.chooseveg.com/vsg">http://www.chooseveg.com/vsg</a>

Please remember to buy only cage-free eggs and pass this email to your mailing list. Thank you! Lois

www.compassionate-carnivores.org

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