

Vegetarian
In
Progress

RECIPES:

[33 Wonderful vegetarian dishes for Thanksgiving:](#)

Turkeys are family oriented and stay together. Wild turkeys forage in groups and roost in trees together. Turkey mothers diligently teach their young survival skills, and turkey brothers stay together for life.



Unfortunately, life is quite different for turkeys raised for food on factory farms, where these birds' natural instincts are routinely denied.

Compassionate Carnivores

VIP NEWSLETTER

November 2018

Where's the "bird"?

Wishing you a *Compassionate* Thanksgiving celebration

**Try a Cruelty-Free Thanksgiving This Year & Lose the Turkey.
You won't miss it!**

Make your plate this year without turkey

If you buy turkey, purchase a turkey with a label from "Certified Humane" or "Animal Welfare Approved", not one from a factory farm.

Remember that even humanely raised turkeys meet a painful & terrifying end.

Be aware that "free range" does not equal "humane". Birds raised for meat may be sold as "free-range" if they have government certified access to the outdoors. The door may be open for only five minutes and the farm still qualifies as "free-range". Apart from the "open door," no other criteria such as environmental quality, number of birds, or space per bird are included in the term "free-range".

Certified Humane: It is best to buy with certified humane labeling. At the "Certified Humane" links, you can find a location to purchase animals raised with care and sensitivity. The animals must be kept in conditions that allow for exercise and freedom of movement. As such, crates, cages and tethers are prohibited. All animals must be provided with bedding materials. Hormone and non-therapeutic antibiotic use is prohibited, while surgical mutilations are permitted with pain control. Compliance is verified through third-party auditing.

"Certified Humane" is a Humane Farm Animal Care program.

Please buy only cage-free eggs & pass this email to your mailing list.

Thank you! Lois

www.compassionate-carnivores.org

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